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### **Statement of Faith**

Thank you for choosing FIVE18 Counseling for your counseling needs. We recognize that the relationship between counselor and client is built on trust and transparency. It is therefore vitally important that you as a client know and understand the fundamental perspective from which our counselors view the world and the issues you may be facing.

At FIVE18 Counseling we believe that walking alongside our clients through the pain and hardships of life is best done from a recognition that God is walking alongside every individual on their life's journey. The God that we believe in and have a relationship with is a holy, sovereign, wise, just, gracious, intimate, loving, and forgiving God.

We do not expect or ask every client to hold these same views to receive our services, and as such, these views will only ever be explicitly discussed if invited by you, the client.

Rather, these truths serve as the foundation for how we operate in session and from this foundation your counselor will have a different approach to helping you meet your desired outcomes for counseling.

These truths serve as the foundation for how we operate in session and our approach to your treatment. It is from this foundation that your counselor may have a different perspective and approach than you may expect in helping you meet your desired outcomes for counseling. If you have a different perspective, we invite you to openly share that with your counselor. If you have not considered your own fundamental perspective, we encourage you to do so and invite you to share and explore this with your counselor.

In recognizing God as the source of all life and His sustaining power, we also believe that a fundamental and root issue for every human is our disconnection from God. Our counselors hold the following beliefs about our work and who you are as a client:

1. Every human being is made in the Image of God, and is therefore valuable.
2. Because every human is made in the Image of God, our identity is ultimately found in God and we are equals as human beings.
3. Every human being is disconnected from God and other humans. We are all in need of reconciliation.
4. Our disconnection with God contributes to self-driven pursuits that leave us empty and disappointed and ultimately contributes to the symptoms and behaviors we are wrestling with.
5. Counseling can help facilitate aspects of reconciliation in your life. However, meeting your desired outcomes are not guaranteed and are dependent on you and your counselor working together.
6. True and lasting reconciliation is ultimately found in a restored relationship with God who loves you and desires to forgive, redeem, and adopt each of us.